



## Bells Bend Outdoor Center

4187 Old Hickory Blvd.

Nashville, TN 37218

(615) 862-4187

[bellsbend@nashville.gov](mailto:bellsbend@nashville.gov)

Tuesday-Friday: 12-4pm

Saturday: 9am-4pm

and by appointment

Please join us on Facebook

Bells Bend Park is open 7 days a week from  
dawn until dusk



## May & June 2016 Programs

### Bells Bend Night Hike



Friday, May 6

8-9:30pm

Age level: All ages

Call to register

Come out for a night hike at Bells Bend. Hear the call of the wild. We will explore and listen for animals of the night.

Leader: Chris Guerin

### Animal Tracks



Saturday, May 7

9-10am

Age level: 6-10 years

Call to register

Learn how to find and follow animal tracks. We will also learn about animal habitats. Put on your hiking boots and we'll hit the trail.

Leader: Chris Guerin

### Start a Summer Garden



Thursday, May 12

1-2pm

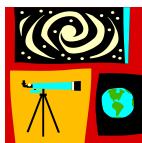
Age level: All ages

Call to register

Want to start a garden but aren't sure how to begin? Come learn how to grow fresh, healthy food in your own backyard. We'll share techniques and tips and then put them to practice in the park garden. All experience levels welcome.

Leader: Kevin Sykes

### Star Party at Bells Bend



Friday, May 13

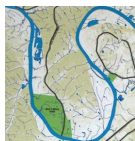
8:30-10:30pm

Age level: All ages

Call to register

Join members of Nashville's Barnard-Seyfert Astronomical Society for star-gazing. Many telescopes and other displays will be available for up-close star viewing.

### Cumberland River History Hike



Friday, May 20

9:30-11am

Age level: All ages

Call to register

Join us for a 2.5 mile hike and learn about the interesting history and geography of the Cumberland River. We will walk alongside the river for part of the hike.

Leader: Kevin Sykes



For assistance or accommodation, please contact the Bells Bend Outdoor Center, 615-862-4187.

**Please call to register, 615-862-4187.**

# June 2016 Programs

**National Trails Day** Saturday, June 4



The first Saturday of every June is National Trails Day! We invite you to hit the trails of Bells Bend, Beaman, Shelby Bottoms, or Warner Parks to celebrate the great outdoors! Don't forget to stop in to the Outdoor Center or Nature Center to say hello.

**Farm Hike at Bells Bend Park**



Saturday, June 4  
9-11am  
Age level: Adults, 13+  
Call to register

Bells Bend Park has a unique history and many natural features. Join a naturalist to search for them on a learn More about the old farm  
Leader: Staff

**Geocaching 101**



Saturday, June 11  
2-3pm  
Age level: All ages  
Call to register

Geocaching is a treasure hunting game using GPS coordinates to find hidden caches in the park (and elsewhere). After this class you will be able to program your GPS unit and enjoy the fun game of geocaching.  
Leader: Chris Guerin

**Bells Bend History and House Tour**



Thursday, June 16  
4:30-6:30pm  
Age level: All ages  
Call to register

Learn about the history of the Bells Bend area (including Native American History, Civil War battle, Clees' Ferry, and more. We will tour the historic 1842 Bell/Buchanan House on the park property!  
Leader: Kevin Sykes



**Family Camp Night**

Friday, June 24 through  
Saturday, June 25  
4:30pm-10am  
Age level: All ages  
Call to register

Bring your family and enjoy camping at Bells Bend Park. Spend the night at our campground for the unique experience of Bells Bend after dark. Bring your own equipment.  
Leader: Chris Guerin

**Bells Bend Night Hike**



Friday, June 24  
8-9:30pm  
Age level: All ages  
Call to register

Come out for a night hike at Bells Bend. We will explore and listen for animals of the night.  
Leader: Chris Guerin

## *Camp Bells Bend & Beaman*

An outdoor adventure day camp is coming to Bells Bend Outdoor Center and Beaman Park Nature Center in 2016! Campers ages 6-12 can enjoy hiking, nature education, crafts, games and outdoor fun while making friends at camp. Sessions will run Monday-Friday 9am-4pm with before and after care and busing options available.

*For more information, visit: [www.campbellsbendbeaman.com](http://www.campbellsbendbeaman.com)*

**Please call to register: 615-862-4187**

Check out programs at other Metro Parks Nature Centers, too.

**For Safety and Security Needs Contact:**

Park Police Office: 615-880-3429

Non life-threatening emergencies: 615-862-8600 Life-threatening Emergencies: 911

